WORLD RUGBY T&E CONFERENCE

Rugby AU Coach Development Presentation 2021

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ACKNOWLEDGEMENT OF COUNTRY

I acknowledge that I am presenting from the lands of the **Darkinjung people.**

I acknowledge the **Traditional Custodians** of the various lands on which you all work today and any First Nations people participating in this workshop.

I also acknowledge the contributions of Aboriginal and non-Aboriginal Australians to the **inclusion** and **empowerment** of all people in our Australian rugby community.

I pay my **respect** to Elders past, present and emerging and **celebrate** the **diversity** of First Nations peoples across the globe, and their **ongoing cultures** and **connections** to our rugby family.
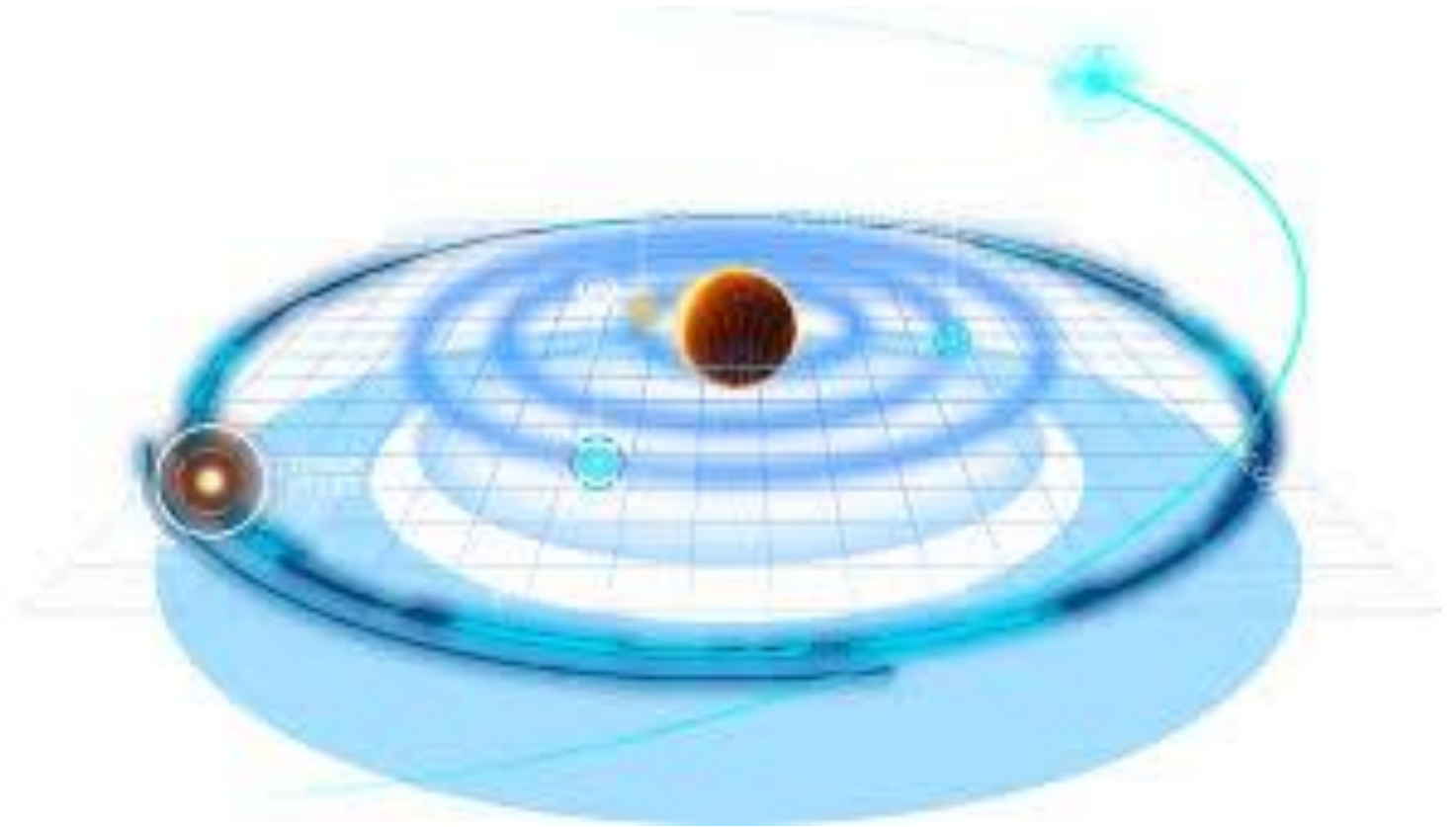
WHY WE DO IT?

At Rugby Australia, we believe **all players** deserve the **best quality experience**.

Coaching has a huge impact on the overall **experience of every player** and is a key contributor to the **retention rates** within the game.

Our **mission** is to deliver a world leading Australian rugby ecosystem that produces a winning culture and develops coaches throughout their career journey.
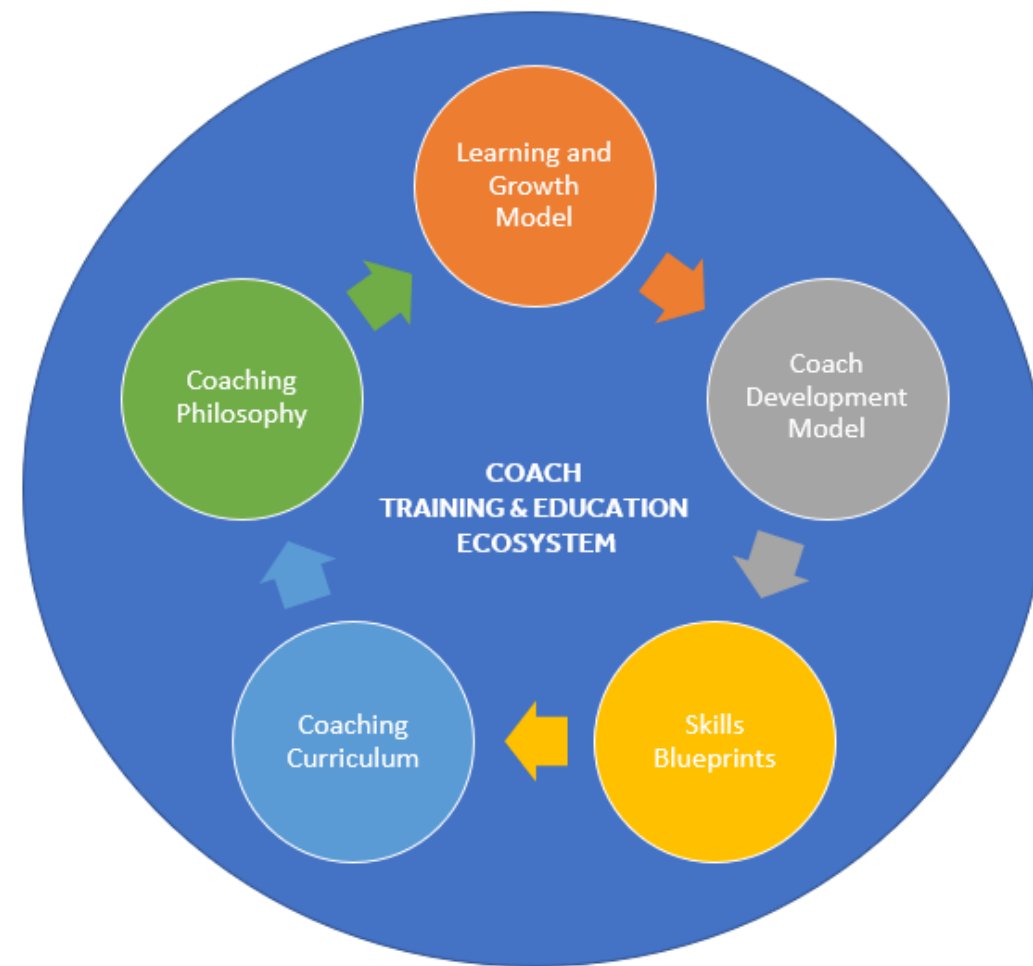
OUR PHILOSOPHY

- ❑ RIGHT **COACH**

- ❑ RIGHT **ENVIRONMENT**

- ❑ RIGHT **TRAINING**

- ❑ RIGHT **SUPPORT**

OUR T&E ECOSYSTEM

The National Coach Development T&E ecosystem <u>articulates</u> the **WHAT** and the **HOW** of our Australian way. It comprises five key elements that produce our *Golden Thread*.

- ❑ **Coaching Philosophy**
- ❑ **Learning & Growth Model**
- ❑ **Coach Development Model**
- ❑ **Skills Blueprints**
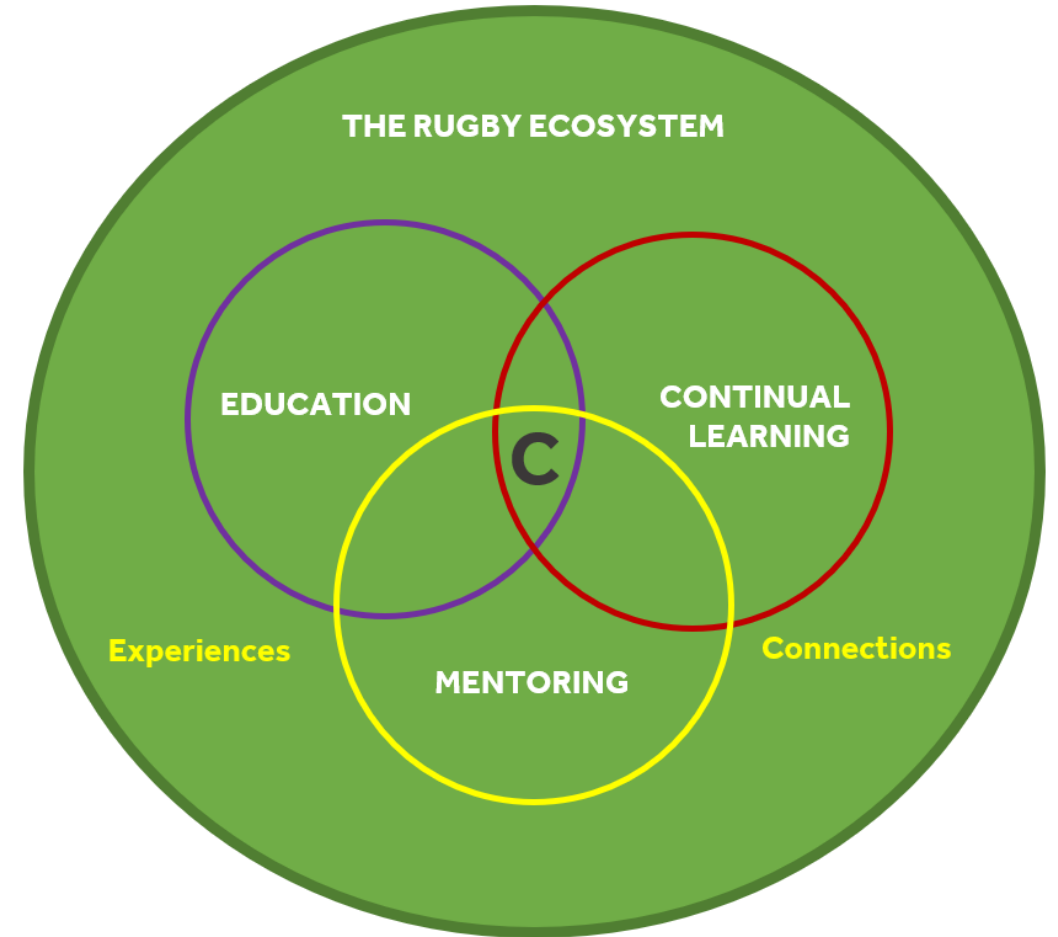- ❑ **Coaching Curriculum**

OUR LEARNING & GROWTH MODEL

The **Learning & Growth Model** illustrates the components within the Rugby ecosystem that assist a coach in becoming the best version of themself.

The key drivers are:

- **Education**
- **Continual Learning**
- **Mentoring**

This is about the **coach** becoming **proactive** in their development and striving to be better every time they enter the training field.

THE RUGBY ECOSYSTEM

EDUCATION

CONTINUAL LEARNING

C

MENTORING

Experiences

Connections

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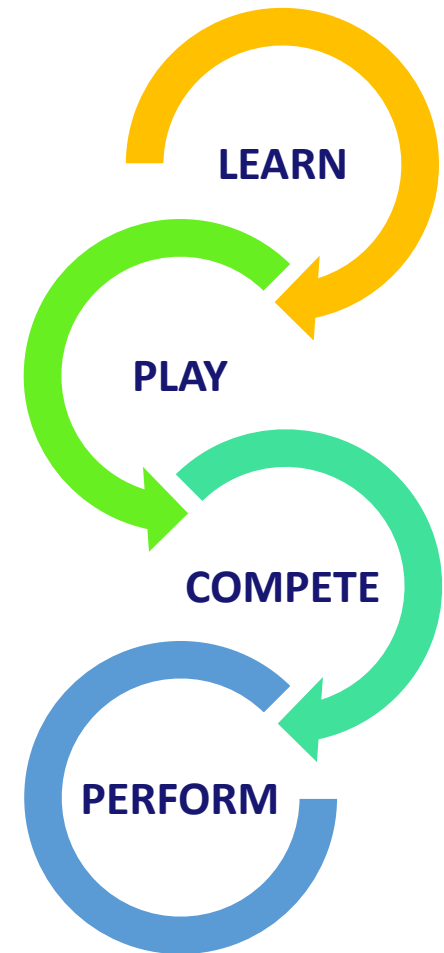
OUR COACH DEVELOPMENT MODEL

Our **Coach Development Model** is central to the development of players within our sport and provides a guideline for coaches within each environment.

LEARN: Introduction to fundamental movement skills, spatial awareness, decision making, and basic ball handling in a fun, safe and inclusive environment.

PLAY: Develop and extend rugby specific skills across all formats of the game.

COMPETE: Focus on u13 and above, with player development opportunities in physical skills, set piece, structured and unstructured play.

PERFORM: Focused on the representative pathway to extend the skills and game understanding of u16 and above representative players.

LEARN

PLAY

COMPETE

PERFORM

OUR BLUEPRINTS

COACH DEVELOPMENT | RUGBY AU

COACH DEVELOPMENT ECOSYSTEM 2022

Version 1. Oct 2021

GET INTO RUGBY | RUGBY AU

KIDS PATHWAY SKILLS BLUEPRINT

Version 04 2021

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PATHWAYS SKILLS BLUEPRINT

COACH DEVELOPMENT | RUGBY AU

COACHING BLUEPRINT 2022

Version 2. Oct 2021

BRINGING IT TO LIFE
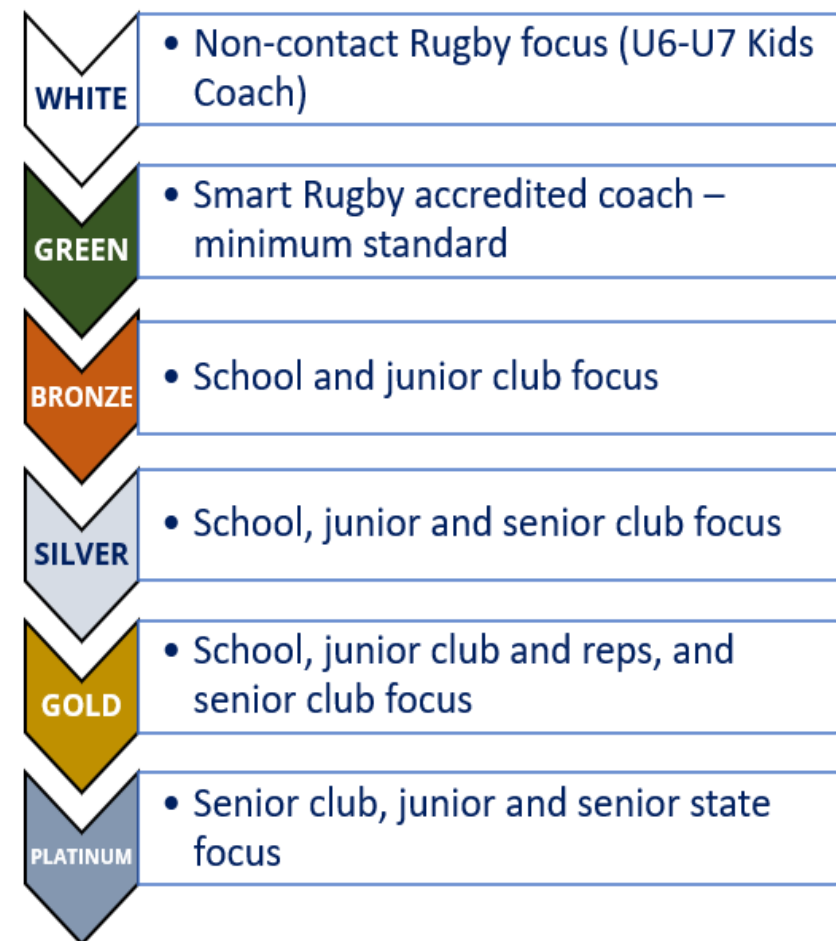
WHO is coaching?
WHERE are they coaching?
WHAT current education do they have?

A **Coach License System** will help identify:

1. **Who** is coaching,
2. **What** level they are coaching, and
3. **What** qualifications they have.

It is a **fluid** and **agile** way of knowing those participating within our coaching ecosystem.

WHITE • Non-contact Rugby focus (U6-U7 Kids Coach)

GREEN • Smart Rugby accredited coach – minimum standard

BRONZE • School and junior club focus

SILVER • School, junior and senior club focus

GOLD • School, junior club and reps, and senior club focus

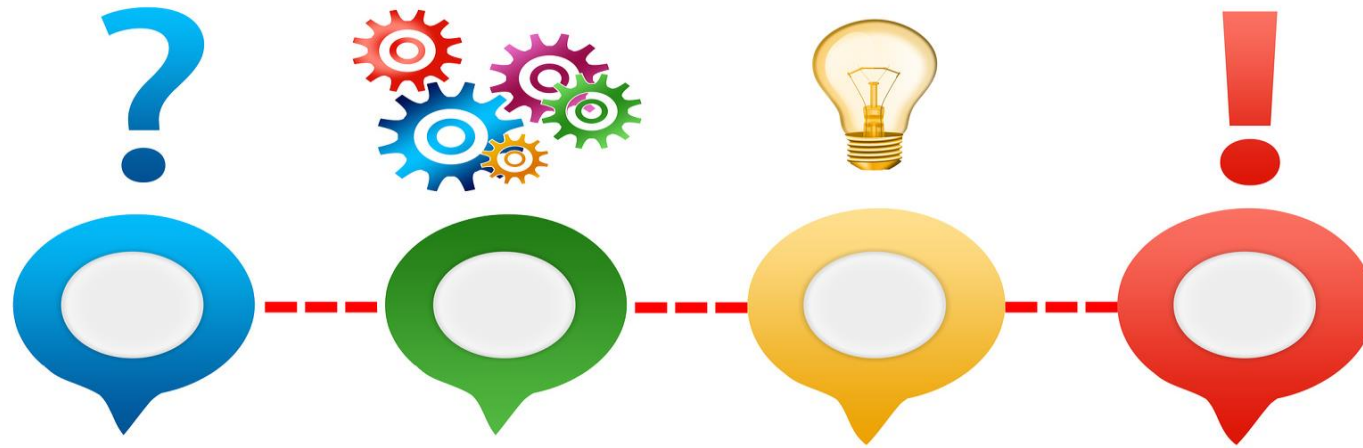**PLATINUM** • Senior club, junior and senior state focus

SUMMARY

WHY?
We believe **all players** deserve the **best quality experience**.

- ✓ **PHILOSOPHY**

- ✓ **TRAINING & EDUCATION SYSTEM**

- ✓ **LEARNING & GROWTH MODEL**

- ✓ **COACH DEVELOPMENT MODEL**

- ✓ **BLUEPRINTS & CURRICULUM**

- ✓ **COACH LICENSE SYSTEM**

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Thank You!

Michael Magriplis National Coach Development Manager
Rugby Australia
E: Michael.Magriplis@rugby.com.au

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