

Medical Commission Conference

The Lensbury, London

16 - 17 November 2021

| Tuesday November 16 th | | | |
|---|---|--|--|
| Time | Topic | Speakers | |
| 09:00 | Opening remarks - Alan Gilpin, CEO World Rugby | | |
| Innovate with the science and gather evidence | | Ross Tucker (moderator) | |
| 09:10 | CMO Update Scientific committee | Éanna Falvey Preston Wiley Melanie Bussey & Danielle | |
| | Otago Study | Salmon | |
| | Bath University & RFU Substitution study | Simon Roberts & Keith Stokes | |
| 11:00 | Break | | |
| Education and Culture | | Ross Tucker (moderator) | |
| 11:15 | Tackle Ready | Jock Peggie & Richie Gray | |
| | Activate | Mike Hislop | |
| | Medical Education Pathways | Jock Peggie | |
| | Contact Load | Joe Schmidt & Sene Naoupu | |
| 13:15 | Lunch | | |
| Contin | ue to review and update the laws | Mark Harrington (Moderator) | |
| | Panel Discussion | Joe Schmidt | |
| | | Angus Gardner | |
| 14:15 | | Giselle Mather | |
| | | Clare Molloy | |
| | | Josh Beaumont | |
| 15:45 | Break | | |
| COVID-19 | | Éanna Falvey (moderator) | |
| 16:00 | Long COVID – Bundesliga | W. Benedikt Schmal | |
| | Psychological impact of COVID – players experience NHL, CFL | Martin Mrazik | |
| | Pitch side care in COVID | Lewis Jones | |
| 17:30 | Close – day 1 | | |



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| Wednesday November 17 th | | | |
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| Time | Topic | Speakers | |
| Dedicated focus on the women's game | | Araba Chintoh (moderator) | |
| 09:00 | IRP Mental health session | Emily Downes, Nikita Hall, Rachael Burford & Sene Naoupu | |
| | AFL & Cricket (Injury prevention strategies) | Pip Inge | |
| | Menstruation | Suzanne Hecht | |
| 10:45 | Break | | |
| After Care for former players | | Éanna Falvey (moderator) | |
| 11:00 | Set the scene – modifiable risk factors | Craig Richie | |
| | An overview of the brain health research program of retired elite level rugby league players | Andrew Gardner | |
| | Retired Athlete - North American experience | Grant Iverson | |
| | Retired football and Rugby players | Willie Stewart | |
| | Brain Health MOOC | Stephanie Adams | |
| 13:15 | Lunch | | |
| Open Engagement with the rugby family | | Dominic Rumbles (Moderator) | |
| 14:15 | Set the Scene | Dom Rumbles | |
| | Panel Discussion on engagement | Rob Vickerman Sonja McLaughlan Parent/coach community | |
| | | (TBC) Social media expert (TBC) | |
| 15:30 | Workshop on retired player health | | |
| 15:45 | Closing remarks – Éanna Falvey, Chief Medical Officer | | |
| 16:00 | Close – day 2 | | |
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Registration links:

<u>Please use the below links to register for each session to receive your unique log in to the session</u>

- 1. Innovate with the science and gather evidence https://worldrugby.zoom.us/webinar/register/WN_l-nF9aRzRfimACnLVHM_dQ
- 2. Education and Culture: https://worldrugby.zoom.us/webinar/register/WN_7VhluCiBTaWYT-0kqX6lAw
- 3. Continue to review and update the laws https://worldrugby.zoom.us/webinar/register/WN_fANvqqBoSGyY7I1vFLgrBg
- 4. COVID-19
 https://worldrugby.zoom.us/webinar/register/WN_t2D0us_f0ret7KYt5jP

 MLQ
- 5. Dedicated focus on the women's game https://worldrugby.zoom.us/webinar/register/WN_f2L1bBFrOMa8MUtKm H7ebA
- 6. After Care for former players
 https://worldrugby.zoom.us/webinar/register/WN_zf4qBeH5Qlyt6dEE7ht
 mdw
- 7. Open Engagement with the rugby family https://worldrugby.zoom.us/webinar/register/WN_-OUJyUwiTU-w3G7xR0fdvQ