

TEMPLATE FOR CONFIRMATION OF PHYSICAL ABILITY

Confirmation of physical ability of _____ [name], transgender man who wishes to take part in male rugby:

I acknowledge and accept the injury risks associated with transgender males playing contact rugby with males who are statistically likely to be stronger, faster and heavier than transgender males, as described in the World Rugby Transgender Guidelines which I have read and understand. I acknowledge and agree that I am voluntarily assuming the risk of injury and World Rugby (and/or any of its associated entities) shall have no responsibility or liability in respect of my participation in male rugby.

Signature of player:

Date:

I confirm that I have an understanding of the physical demands of rugby, and having examined the above-named player, I confirm that the player is in a physical condition to play rugby and that this view is supported by a musculo-skeletal evaluation and/or other appropriate assessments.

Name of medical practitioner or qualified coach:

Signature of medical practitioner or qualified coach:

Date:

The Union/ competition can adopt the spirit of the guideline and make it fit the laws/realities of that particular jurisdiction.