

ensuring a **level playing field**

The IRB is committed to a zero-tolerance policy towards the use of prohibited substances, methods and drug cheats in the Game.

Rugby has been at the forefront of the movement against drugs in sport and has in place substantial testing programmes all over the world. This includes a comprehensive Out of Competition testing programme that continues on from Rugby World Cup 2007 and major In Competition testing programmes at all IRB tournaments from the IRB Sevens World Series to the IRB Junior World Championship.



Leading Education Programme – Keep Rugby Clean

The IRB has always been proactive in its Anti-Doping programme and has in place an anti-doping department consisting of three fulltime staff which has overseen over 2000 tests in the last two years.

The IRB has raised-awareness of anti-doping through its successful Outreach and Keep Rugby Clean campaigns which have been developed and run in partnership with WADA.

These programmes target young players at IRB tournaments around the world and were successfully delivered at the IRB Junior World Championship and IRB Junior world Rugby Trophy tournaments in 2008, with over 500 of the Game's future Rugby World Cup stars involved. Former Argentina International Frederico Mendez (78 caps) was a guest speaker at the IRB Junior World Rugby Trophy Anti-Doping seminar which was held in Santiago, Chile in April 2008 and spoke to the participating Players about the dangers of doping.

The IRB paid a visit to each of the team hotels during the IRB Junior World Championship and IRB Junior World Rugby Trophy to run the Players and Team Management through the WADA Anti-Doping Computer Quiz. In taking the quiz each Player received a Keep Rugby Clean t-shirt which was then

worn by all Players, Team Management, Referees and Tournament Officials on a nominated day. All teams willingly participated in showing their support that there is no place for drugs in Rugby.

The IRB welcomed three new Anti-Doping Ambassadors to the Keep Rugby Clean campaign late in 2008.

Felipe Contepomi of Argentina, Vincent Clerc of France and record Samoa Sevens star, Uale Mai of Samoa have all agreed to be the face of the IRB's Keep Rugby Clean campaign by endorsing the use of their image for anti-doping educational purposes.

Resources

The IRB developed a number of new anti-doping educational resources during 2008 which are now available on the IRB website.

These include the following:

1. Player Whereabouts Guide (only effective for those Players involved in the IRB's Out of Competition Testing Programme.
2. Therapeutic Use Exemption (TUE) Guide
3. Doping Control Procedure Guide

Compliance with World Anti-Doping Code

The IRB was extensively involved in providing comment to WADA on the development of the 2009 World Anti-Doping Code and other WADA

International Standards all of which became effective 1 January 2009. This involved extensive consultation with IRB Member Unions, meetings of the IRB Anti-Doping Advisory Committee and WADA which began in 2007 to ensure Rugby's global view on these important documents were presented to WADA.

In November 2008 following a review by WADA of the IRB's amended Anti-Doping Regulations WADA signed off on IRB Regulation 21 as being in compliance with the World Anti-Doping Code.

IRB Regulation 21 is required to be adopted by all Member Unions of the IRB as the governing Anti-doping regulations for Rugby ensuring that all Rugby Players are subject to the same anti-doping regime globally.

2008 Beijing Olympics

The IRB was invited by WADA to attend the 2008 Beijing Olympic Games as part of the WADA Independent Observer programme (Tim Ricketts, IRB Anti-Doping Manager and Susan Ahern, IRB Legal Counsel) and also the Paralympic Games (Ilaria Baudo, IRB Anti-Doping Coordinator) as part of the WADA Outreach Team.

Rugby's involvement in this capacity at the Beijing Olympics highlights WADA's recognition of the IRB's experience in the field of anti-doping.



IRB Anti-Doping Testing Programme

In 2005 the IRB conducted a total of 1129 anti-doping tests at international level in a testing programme that included senior, age grade and Rugby Sevens representative teams. Over 57 percent of these tests were conducted out of competition.

In 2006 the IRB conducted a total of 941 doping controls that included 484 in competition tests at a wide cross section of IRB Tournaments (including Rugby World Cup Qualifiers, Under 19 and Under 21 World Championships, IRB Sevens

World Series and Women's Rugby World Cup).

In 2007 the IRB conducted 1278 doping controls across a wide range of matches and tournaments including Rugby World Cup 2007, regional championships and other IRB tournaments recently established under the IRB's strategic investment programme. Over 62 percent of these were conducted out of competition.

The IRB conducted 951 tests in 2008 with 12 anti-doping rule violations committed.

2008 IRB Anti-Doping Rule Violations

Country	Substance	Outcome
Venezuela	Nandrolone	2 year sanction
Georgia	19-Norandrosterone	2 year sanction
Georgia	Cannabis	5 month sanction
Cook Islands	Cannabis	3 month sanction
Chile	Clenbuterol	2 year sanction
Canada	Cannabis	3 month sanction
France	Tuaminoheptane	Warning and reprimand
Samoa	Salbutamol	2 year sanction
Canada	Finasteride	Warning and reprimand
Samoa	Salbutamol	2 year sanction
Russia	Indapamide	Warning and reprimand
Chile	Cannabis	4 month sanction

Total test figures, including the Member Union and National Anti-Doping Organisation (NADO) tests and case results, are currently being consolidated and will be released shortly.

2008 Testing Programme

In 2008 the IRB also focused its testing on Age Grade and Sevens, which included extensive testing on all Men's and Women's Rugby World Cup Sevens 2009 qualification tournaments along with Out of Competition testing on the top 24 ranked Sevens Unions throughout the year.

During the period from 2004 to 2008 the IRB has handed down suspensions to 31 players who committed anti-doping rule violations for a variety of prohibited substances. The IRB

adopts a supervisory role over the disciplinary process of Member Unions and since 2005 has successfully referred a number of cases to the Court of Arbitration for Sport (CAS).

The IRB operates an 'anywhere, anytime, anyplace' testing policy and players have been tested at their homes, training venues, gyms and while in camp with their national teams.

The IRB will continue its fight to Keep Rugby Clean.

Discipline	In Competition	Out of Competition	Total
Sevens*	292	181	473
Age Grade**	84	112	196
Strategic Tournaments***	65	12	77
Regional Championships****	36	0	36
Top 20 Member Unions			
National 15s	0	169	169
Total	477	474	951

* Includes IRB Sevens World Series and RWC2009 Sevens Qualifiers and OOC Testing on top 24 Sevens Unions

** Includes IRB Junior World Championship and IRB Junior World Trophy

*** Includes IRB Nations Cup, North America 4, Churchill Cup, Pacific 6 Nations and Pacific Rugby Cup

**** Includes FIRA European Nations Cup, Asian 5 Nations Championship, CAR African Cup, CONSUR South American Championship

