

“I am proud to be associated with the IRB’s *Keep Rugby Clean* campaign. The ethos of fair play is essential to the spirit of the Game and in ensuring a level playing field for all.”

Felipe Contepomi  
IRB Anti-Doping Ambassador



# ENSURING A LEVEL

**The IRB is committed to a zero-tolerance policy towards the use of prohibited substances, methods and drug cheats in the Game.**

Rugby has been at the forefront of the movement against drugs in sport and has in place substantial In Competition and Out of Competition testing programmes all over the world. This includes a comprehensive testing and education programme for all IRB tournaments and matches.

## Leading Education Programme – *Keep Rugby Clean*

The IRB launched its new Anti-Doping website in 2009 in English, French and Spanish, which contains a plethora of information on Anti-Doping. Besides housing the Anti-Doping Regulations, the WADA Prohibited List and Therapeutic Use Exemption process, the site contains a number of resources, quizzes and videos available for Member Unions, players, Player Support Personnel and the Rugby family to download.

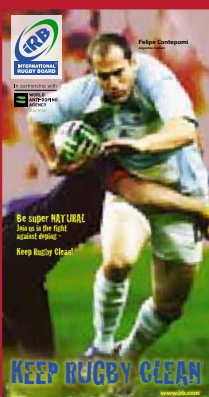
To further enhance the *Keep Rugby Clean* message, six international players have joined the *Keep Rugby Clean* campaign as IRB Anti-Doping Ambassadors.

They are Felipe Contepomi (Argentina), George Smith (Australia), Bryan Habana (South Africa), Uale Mai (Samoa), James Hook (Wales) and Vincent Clerc (France).

The IRB raises awareness on Anti-Doping through its successful *Outreach* and *Keep Rugby Clean* campaigns which have been developed and are run in partnership with WADA.

These programmes target players at IRB tournaments around the world and were successfully delivered at the IRB TOSHIBA Junior World Championship in Japan, IRB Junior World Rugby Trophy in Kenya and at RWC Sevens 2009 in Dubai. Over 1,000 of the Game’s future Rugby World Cup stars participated in the IRB’s Outreach Education initiative in 2009.

The IRB was again recognised by WADA in 2009 by the selection of David Ho, IRB Anti-Doping Officer, to be part of the WADA Athlete Outreach Programme at the 2009



# PLAYING FIELD

World Games in Kaohsiung, Chinese Taipei. David was involved in working with the WADA Outreach team providing athletes participating in the World Games with Anti-Doping education.

## Record Year for IRB Test Programme

The IRB conducted a record 1,293 tests in 2009. This is the largest overall test programme the IRB has delivered to date. The programme consisted of 360 tests In Competition and 933 (72%) Out of Competition.

“The increase in the number of tests conducted in 2009 was attributed to the IRB’s focus on ensuring the RWC Sevens 2009 was contested on a level playing field and reflects a substantial increase in Out of Competition testing on Sevens players throughout the year,” said IRB Anti-Doping Manager Tim Ricketts.

RWC Sevens 2009 comprised of 80 In Competition tests across the three match days

and 72 Out of Competition tests, which were conducted on players in the team hotel prior to the tournament starting, all of which returned negative results.

In addition to the 80 test programme conducted during the tournament, 759 tests were conducted throughout the qualification process and the IRB Sevens World Series over a 14-month period leading up to the Dubai tournament in March. Of the 759 tests, 442 were Out of Competition Tests on the top 24 ranked men’s Sevens teams.

“The IRB’s Anti-Doping programme was one of many strong components of the IRB’s bid for Rugby Sevens to join the Olympic family”, said Ricketts.

Uale Mai, the Samoa Sevens captain, said: “I am very pleased that Rugby World Cup Sevens has been declared a clean tournament. International competition is the pinnacle of our sport and represents the very best the Game

has to offer, so it is essential for the integrity and perception of Sevens that we return a clean competition.”

The IRB operates an anywhere, anytime testing policy and players have been tested at their homes, training venues, gyms and while in camp with their national teams.

## IRB Anti-Doping Rule Violations

In 2009 the IRB recorded four Anti-Doping rule violations (Cannabis x 2), one attempted Use of a Prohibited Substance, and one for a Methandienone Anabolic Agent.

During the period from 2004 to 2009 the IRB has handed down sanctions to 34 players who committed Anti-Doping rule violations. These sanctions are in addition to 230 Players who committed Anti-Doping rule violations under the jurisdiction of Member Unions during the same period.

## 2009 IRB Testing Programme

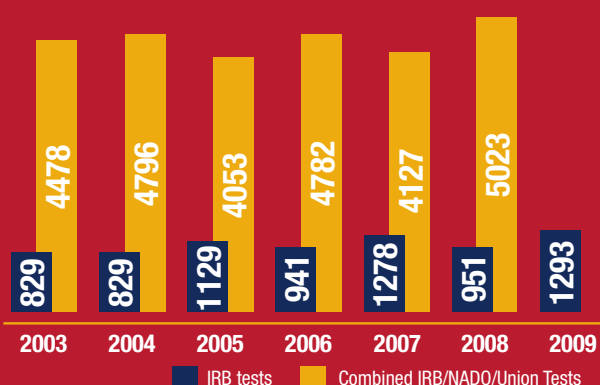
Discipline	In Competition	Out of Competition	Total
Rugby World Cup 2011*	60	355	415
Sevens**	176	428	604
Age Grade***	56	120	176
Strategic Tournaments****	68	30	98
<b>Total</b>	<b>360 (28%)</b>	<b>933 (72%)</b>	<b>1,293</b>

\*Includes RWC2011 Qualifiers that form part of Regional Championship tournaments.

\*\* Includes RWC Sevens 2009 + IRB Sevens World Series.

\*\*\* IRB Junior World Rugby Trophy & IRB Junior World Championship

\*\*\*\* Includes IRB Pacific Rugby Cup and ANZ Pacific Nations Cup.



## 2009 IRB Anti-Doping Rule Violations

Country	Substance/Violation	Sanction
Georgia	Cannabis	4 months
Australia	Attempted Use of a Prohibited Substance	2 years
Canada	Cannabis	6 months
Namibia	Methandienone	2 years

## IRB Anti-Doping Rule Violations 2003-2009

Year	IRB Adverse Analytical Findings (AAF)	IRB Anti-Doping Rule Violations (ADRV)
2003	2	2
2004	4	4
2005	3	3
2006	6	6
2007	5	5
2008	13	12-1 case pending (incl 1 non AAF and 1 case was void)
2009	3	4 (incl 1 non AAF)

For full case decisions please visit [www.irb.com](http://www.irb.com)