

Keep Rugby Clean

The IRB operates a zero tolerance policy towards doping in Rugby and works towards achieving this by implementing a comprehensive education and testing programme across various levels of the Game from Age Grade and Sevens to senior levels of the 15s Game. Such a robust policy ensures that the Game continues to grow globally in a drug free environment.



Anti-Doping Education

The IRB's anti-doping education programme gathered momentum during 2006. In partnership with the World Anti Doping Agency (WADA) the IRB adopted the WADA Athlete Guide, an introductory booklet on Doping Control, modifying it to suit Rugby and including the IRB's four Keep Rugby Clean campaign posters. The publication, which was widely distributed is available in the IRB's three main languages and can be downloaded as a PDF from www.irb.com.

Anti-doping seminars were delivered to 720 Players and team officials at the IRB Under 19 World Championship in Dubai this

year. Players were educated on the testing procedures, the dangers of nutritional supplements and the therapeutic use exemption process.

In addition to the seminar all teams participated in an anti-doping quiz conducted on laptop computers in order to test and improve the knowledge of the anti-doping process.

The High Performance Units and Rugby Academies that are being implemented as a key part of Tier 2 strategic investment will have a standard anti-doping education programme developed into their training programme. The pilot for this project will be trialled in the High Performance Units on

the Pacific Islands and the IRB is working in partnership with WADA's Regional Anti-Doping Agency based in Fiji to implement this programme across Fiji, Samoa and Tonga before it is launched to the other High Performance Units and Academies located in other Tier 2 countries.

Keep Rugby Clean

The IRB's anti-doping campaign is titled "Keep Rugby Clean". Supported by four high profile ambassadors; Schalk Burger, Brian Lima, George Gregan and Brian O'Driscoll, the campaign is designed to spread the drug free message throughout the Game through a variety of eye-catching initiatives.

The Spanish team support Keep Rugby Clean at the Women's Rugby World Cup



Branded t-shirts raise awareness of the Keep Rugby Clean campaign at IRB Tournaments

Record Testing Programme

In 2006 the IRB conducted a total of 941 doping controls; this included 484 In Competition Tests at a wide cross section of IRB Tournaments and matches and 457 Out of Competition Tests. An overview of the IRB testing programme is summarised in the table below.

Level	In Competition	Out of Competition	Total	Anti-Doping Rule Violations Committed
U19	104	72	176	Nil
U21	48	36	84	1 case pending
Sevens	144	132	276	1 case pending
Women's	60	24	84	Nil
National Men	128	193	321	3 violations committed and 1 case pending
Total	484	457	941	

For the fifth year running the IRB Under 19 World Championship recorded no adverse analytical findings highlighting that the future of the Game looks healthy.

Ireland captain Brian O'Driscoll champions the Keep Rugby Clean campaign



In promoting awareness the Keep Rugby Clean message has been delivered at a number of IRB Tournaments during 2006. Specific Keep Rugby Clean days were organised at the Under 19 and Under 21 World Championships and Women's Rugby World Cup where all participating players and officials were asked to wear a special Keep Rugby Clean branded t-shirt on a designated match day.

In addition, match and training balls were branded with the "In Partnership with WADA" and "Play True" logos for both the Under 19 and Under 21 World Championship Tournaments giving further raising awareness of anti-doping and sending out a clear

message to current and future players of the Game that doping in Rugby will not be tolerated.

Out of Competition Testing

The IRB's global Out of Competition testing programme continued in 2006 and consisted of 941 players for both 15's and 7's disciplines of the Game.

Member Unions provided player whereabouts information on each individual player who was part of their national squad along with national club and training details. This information was passed on to the IRB for the coordination of anti-doping agencies around the world to conduct the tests. Member Unions gave their full support to the programme.

Rugby World Cup 2007

A total of 27 Rugby World Cup 2007 qualification matches received doping control during 2006. Out of Competition tests will increase in 2007 on Member Unions squads participating in Rugby World Cup 2007 ensuring that this tournament is contested on a level playing field.

Anti-Doping Rule Violations

The IRB recorded a total of three anti-doping rule violations for testing under its jurisdiction in 2006. A further 3 cases are still pending.

Two players from Russia returned adverse analytical findings for Cannabis from samples collected during the IRB Nations Cup tournament. Both Player's received a four month sanction.

A Player from Chile returned an adverse analytical finding for Ephedrine following a Rugby World Cup 2007 Qualification match against Uruguay and received the sanction of 6 weeks.

A number of anti-doping rule violations were returned from testing conducted under the jurisdiction of Member Unions or Tournament Organisers.

Testing conducted under the jurisdiction of Member Unions resulted in a number of Anti Doping Rule Violations of which several cases are still pending. A detailed report on the number of Anti-Doping Rule Violations will be published later in 2007 once all cases are finalised and reported to the IRB.